

# SENIOR PSYCHIATRIST

## CALENDAR OF EVENTS

2016

In conjunction with the 2016  
APA Annual Meeting in Atlanta

### FRIDAY, MAY 13

#### *Senior Psychiatrists Section*

*This meeting is for Assembly members who are also Life members of APA. The agenda will address Assembly Action Papers that are of particular interest to Life Members.*

6:00 p.m.-7:00 p.m.  
Atlanta Marriott Marquis  
International Level - B

### TUESDAY, MAY 17

#### *Senior Psychiatrists Business Meeting*

7:30 a.m.-9:00 a.m.  
Atlanta Marriott Marquis  
International Level -1

### TUESDAY, MAY 17

#### *Senior Psychiatrists Reception and Awards (Sponsored by PRMS)*



7:00 p.m.-9:00 p.m.  
Atlanta Marriott Marquis  
International Level - C

APA ATLANTA  
SPECIAL  
SUPPLEMENT

# WORKSHOP DETAILS

There will be two Senior Psychiatrists sponsored workshops at the APA Annual Meeting in Atlanta of special interest to our group.

## THE AGING PHYSICIAN: POSSIBILITIES AND PERILS

May 15 2016 — 8:00 AM - 9:00 AM

Georgia World Congress Center, Building G, Level 2, B218

### Details:

Recent surveys of physicians indicate that late-career physicians, compared to those in early or mid-career, are generally the most satisfied and have the lowest rates of distress. Perhaps it is the profound gratification medicine offers physicians that makes aging a challenge. For many doctors trying to slow down or retire may equate with losing one's sense of purpose in life and even one's self image. Hence physicians frequently struggle with aging gracefully. In this session, the difficulties and gratification of the "golden years" will be discussed.

### Speaker:

Glen Gabbard, MD

## ACKNOWLEDGING AND ACCOMMODATING AGE AND ABILITY

May 16 2016 — 11:00 AM - 12:30 PM

Georgia World Congress Center, Building G, Level 2, B403

### Details:

Many senior physicians practice medicine safely and effectively but there is a pivotal point where age and competence intersect. The presenters will explore ways that physicians and health care organizations may anticipate and prepare for late-career transitions that promote well-being and avoid unprofessional manifestations. Panelists will discuss ways to plan for retirement in a way that maintains integrity and promotes mental health.

### Speakers:

Paul Wick, MD, Norman Clemens, MD, Sheila Gray, MD and Nada Stotland, MD



## 2014 BERSON AWARD RECIPIENT: NADA L. STOTLAND, MD, MPH

The Awards Committee of the Senior Psychiatrists is pleased to report that it has chosen Nada L. Stotland, M.D. MPH to receive the Berson Award at the American Psychiatric Association Annual Meeting. We encourage you to attend the reception of the Senior Psychiatrists on Tuesday, May 17, 2016 from 7 to 9 P.M. at the Atlanta Marriott Hotel where Dr. Stotland will be honored. The award is in recognition of her leadership of the Senior Psychiatrists and her many contributions to American psychiatry.

Dr. Stotland attended college, medical school and completed her residency and did a fellowship in consultation/liaison (C/L) psychiatry at the University of Chicago. She began her academic psychiatry career there as well. She served as the Director of Psychiatric Education and the Department which served as the basis for her many contributions to the literature and her lectures on women's issues in psychiatry. She has also served as the Medical Director of Mental Health Services for the State of Illinois. Dr. Stotland completed psychoanalytic training at the Chicago Institute for Psychoanalysis and earned her master's degree in public health at the University of Illinois at Chicago. In 1997 she was made Professor of Psychiatry at the Rush Medical College of Rush University and remains on the faculty to this day. Throughout her career she has maintained a private practice.

Dr. Stotland's service to the field of psychiatry culminated in her election as the President of the APA in 2008-2009.

She has been sought after for her expertise and has testified in state courts and in the U.S. Congress. She has made appearances on Oprah, Larry King Live and the Bill O'Reilly show.

She has had the support of her husband Harold Stotland throughout her career and they are the parents of four daughters and grandparents to four grandchildren.

Lastly, Dr. Stotland is completing her two year term as President of the Senior Psychiatrist where she was a devoted servant to our organization.

### The Awards Committee:

Stephen C. Scheiber, M.D., Chair • Irwin Cohen, M.D. • Leah Dickstein, M.D. • R. Viswanathan, M.D.



## OFFICERS

Nada Stotland, MD, *President*  
Jack Bonner, MD, *Vice President*  
Norman A. Clemens, MD, *Secretary*  
Michael Pearce, MD, *Treasurer*  
Paul Wick, MD, *Past President*  
Jack Bonner, MD, *Assembly Representative*  
Barbara Schneidman, *Councilor*  
Richard Shadoan, *Councilor*  
Patricia H. Troy, CAE, *Executive Director*

## 2015-2016 COMMITTEES

### Nominating Committee

Paul Wick, MD, *Chair*  
William Lawson, MD  
Maria Lymberis, MD

### Awards Committee

Steve Scheiber, MD, *Chair*  
Viswanathan Swaminathan, MD  
Leah Dickstein, MD  
Irvin Cohen, MD

### Membership Committee

Jack McIntyre, MD, *Chair*

### Education Committee

Barbara Schneidman, MD

### Legislative Committee

Jack McIntyre, MD

### Editor

Phil Margolis, MD

### Associate Editor

Garry Vickar, MD

### APA Workshop

Sheila Hafter-Gray, MD  
Roger Peele, MD

## STATE OF OFFICERS FOR 2016-2017

The Nominating Committee recommends the following officers to be elected at the Annual Meeting for 2 year terms:

**President:** Jack Bonner

**Vice President:** Jack McIntyre

**Secretary:** Maria Lymberis

**Treasurer:** William Lawson

**Councilor at large:** Dilip Jeste

**Assembly Rep/Liaison:** Jack Bonner

(Nada Stotland will remain on the Executive Committee as Immediate Past President. Barbara Schneidman will have another year as Councilor at large)

*Our mission is to represent the 9,000 senior members of APA who are Life Members, Life Fellows, and Distinguished Life Fellows.*

# SENIOR PSYCHIATRISTS

## INVITATION TO JOIN

Let me extend a warm invitation to all APA Life Members to join the Senior Psychiatrists organization. At this stage of our lives, we may be continuing a busy professional life and/or trying and enjoying new projects and time with dear friends and family. We also may be facing challenges such as limiting or closing a practice—or continuing one into our ninth decade! We also have unique experience, wisdom, and expertise to offer the profession and colleagues at earlier stages of their careers. The Senior Psychiatrists offer camaraderie and resources for all these opportunities and challenges.

— Nada Stotland, MD, MPH

## EDITORIAL



PHILIP MARGOLIS, MD

As President Kennedy once asked :  
“What can we do for our country?”  
In this case the “We” are the Senior Psychiatrists, and our country includes, among other things, APA members and current and prospective patients.

As Senior Psychiatrists, we are in a good position to be useful and helpful, so that our accumulated wisdom and savvy won't go to waste. We suggest that we take a really good look at our currently messy and problem-prone society.

We suggest as starters forming 5 committees (or more):

1. To enhance volunteering;
2. To establish mentoring;
3. To deal with stigma;
4. To advocate for gun control; and
5. To explore funding psychiatry-mental health/illness in a better way.

These are 5 areas/issues/concerns.  
There are hundreds more.

We would like your ideas.  
Let's get to work!



GARRY VICKAR, MD

If we want APA to value our experience, our institutional memories, and just plain maturity, we have to show them what we can do for them, and of course for our “senior” constituency.

To that end, I propose we organize subgroups of interested individuals to take on the responsibilities of addressing issues of interest to us and of course the larger community.

What about Assembly issues: Who will spearhead our evaluation of APs, etc.?

Are there legislative issues at different DBs face that some of us have dealt with in the past and can we share our knowledge?

I know it seems like a lot and it probably is a bigger task than many want to undertake, but if we want APA to value us, we have to show them they should!

See you in Atlanta!!

# PRMS IS PLEASED TO SUPPORT SENIOR PSYCHIATRISTS



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\*Note: Donations are made to the organization when your referred psychiatrist completes and submits an information request form to PRMS. The referred physician does not have to purchase an insurance policy. The Refer a Colleague program is open to any person who refers an eligible prospect to The Psychiatrists' Program. A list of qualifying organizations can be found on [PsychProgram.com/Refer](https://PsychProgram.com/Refer). Please refer to the PRMS Refer a Colleague guidelines.

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